

# What is Advocacy?



**This is an easy read version of the  
Focus Advocacy Policy**

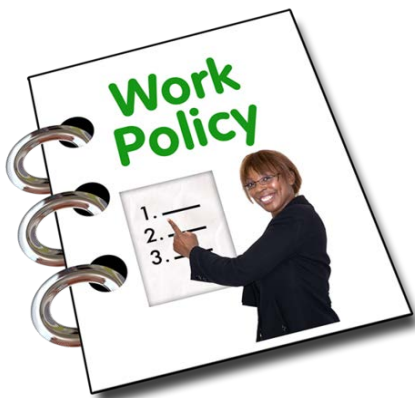
# This is a document about advocacy



We have written this document in an easy to read way



You can ask for help to read this document. A friend, family member or support person may be able to help you.



This Easy Read document is a summary of another document  
The Focus Advocacy Policy



Advocacy is about your voice being heard



An advocate is a person who helps you speak up



They can speak for you



An advocate can help you



When you are in meetings



When you want help to speak  
to a person about your  
support service



When you are not being listened to



When you want to change things in your life



When you want to make a complaint



An advocate will listen to what you want



And work with you to make sure people listen too



They will help protect your rights



An advocate will help you  
make your own choices



And work with you to make  
sure people listen too



They can help with  
information





An advocate can be a friend



An advocate can be a family member



An advocate can be someone from another organisation or advocacy service





You have a right to ask for an advocate



You can ask for help to find an advocate



You can choose your advocate.



Focus will help you to find an advocate

They can't be a staff member from Focus if it is about Focus



There is a list of Advocacy Services to help you



If you have any questions or concerns about this document you can contact us

## Get in touch



Focus  
4/475 Moorooduc Hwy  
Moorooduc  
3933



**5981 5100**



**NDIS Quality  
and Safeguards  
Commission**

If you are not happy or still have questions you can speak to the NDIS Commission at any time about your information

Ph: 1800 035 544